

How can we help?

- ❖ We provide short-term counseling to individuals, couples and families.
- ❖ We work together with you to find solutions to life's challenges.
- ❖ We link families with appropriate community resources.

Please contact your School Social Worker for more information or to make an appointment:

TR: Mrs. Bernas - 891-6424 x3107

WW: Mrs. Ernst - 891-6419 x2115

JFK: Mrs. Stiglmeier - 897-7300 x9324

Mrs. Stiglmeier is the Family Solutions Center Coordinator and may assist with any questions or concerns.

The Family Solutions Center

"Working together to create change"

All services are confidential and free of charge

We believe

that the key to a successful student is a strong and nurturing family.

Our mission

is to assist families in recognizing and utilizing their strengths to make positive choices and overcome obstacles.



Located at
Woodrow Wilson School

Sessions are by appointment only:

Thursdays 12pm-7pm

Virtual sessions available upon request